

Module 22 “Wisdom through the three yanas” Talk 5 May 10, 2018 Emily Weidman
“Emotions, Wisdoms and Transmutation: Introduction to the Five Wisdom Energies
or Five Buddha Families”

“Grant your blessings so that confusion may dawn as wisdom.”

Looking at how confusion dawns as wisdom. Which is a summary of the whole Buddhist path.
Confusion: kleshas (afflictive or neurotic emotions) and dualism of self and other.
Like a veil. Stuck in passion, aggression and ignorance. Don't see clearly. The path is clearing
away this confusion/veil to reveal our buddha nature (our primordial awake nature).

Three yanas:

Hinayana: Clear the emotional veil: work on self/ separate from object of emotion. Start to
look at “ego” clinging. Non-self.

Mahayana: More distance from the reactivity of the emotion (lojong). Tools applied.
Antidotes. Emotions as manure. Help us grow. Apply prajna. See more clearly. Teachings of
transcendental knowledge (heart sutra) Prajnaparamita.

Big bomb is **SHUNYATA: Emptiness. Form is Emptiness....**

Vajrayana or tantra: Thread is continuity of development along the path but with more
insight/awareness. Go beyond emptiness to luminosity. “Form is form. Emptiness is
emptiness.”

“As it is.” See things truly as they are.

Emotions are seen as energy. Devoid of self-clinging or storyline. Clear, vivid.

Symbolism becomes relevant. Visual—color, shape. Sound. Mental. Feeling of energy

Concept is transformed to direct experience of things as they are.

Transformed into wisdom energy.

Cut through shunyata/emptiness to see luminosity; vivid nature, direct perception.

The veil is removed. Contact the world more directly.

Energy of emotions. Vivid path to awakening. This is how confusion dawns as wisdom.

Going beyond concept to direct experience.

Confusion becomes compassion and wisdom in the enlightened state.

Transmutation of confused energy (klesha) to wisdom energy.

Neurotic aspect and wisdom aspect. Neurotic aspect is energy that has become solidified into a
storyline. Frozen in concept. Pure manifestation of energy is wisdom.

Mandala principle: Center and fringe. Society. Group. Association. How things are arranged in
patterns. How organized. Seeing relationships. Everything is arranged around centerless
space.

“Complete union with the energy of the universe and seeing the relationships of things to each
other as well as the vividness of things as they are is the *mandala* principle.” P 153 MFreedom

Relatedness of all phenomena. Continual cycle of one experience leading to the next. P 154

Path: to explore these patterns; how they appear in our world. A new way of seeing. Greater
understanding of how things work. Can take a higher view. See from above.